

Right Penis

presents...

Penis Hygiene

Learn How to Keep and Stay Yourself Clean

Intimate hygiene is extremely important because it ties in with sex and romance, the two of the most important things in the life of any person. So here's what every man needs to know about mandatory penis hygiene.

The place to start is the tip of the penis. The foreskin covers the glans, but there is plenty of space for unpleasant things to accumulate between flesh and skin. If you do not wash correctly, you may actually find a white substance gathers, which goes by the name of smegma. Smegma is a combination of dead cells, skin oils and moisture; and bacteria often thrive in this dark, moist and closed space. So, pull the foreskin back as far as it would go and start washing this area with lukewarm water. Be careful to wash both the glans and the inside of the foreskin, the part that is not normally exposed.

Make sure you are super clean down there because there probably is no bigger turn-off for a woman than a man who takes off his shorts revealing an unclean penis. This is generally considered a huge faux pas. Another word of caution, you can't expect oral sex if you don't take good care of yourself.

Men who are circumcised have to be just as careful as the non-circumcised guys. The lack of a foreskin means that bacteria and dead cells do not accumulate there, but it also means that the glans is no longer protected from contact with dust, sweat and all sorts of substances and fabrics that would otherwise be kept away from the penis. Some doctors also think that circumcised penises are more exposed to bacteria causing infections of the urinary tract, that is why keeping yourself clean at all times is of paramount importance.

The second area that you should focus on is the base of the penis. This is where sweat and hair combine to produce a strong smell, just as in your armpit. The area needs frequent washing in order to keep sweat from gathering there, especially since it's covered by underwear for most of the day. Shaving or clipping down the hair is a very good idea, particularly in summer. Washing is far easier without a lot of hair getting in the way. Between the glans and the base of the penis you might also want to give the shaft a thorough scrubbing for good measure.

And lastly, the third area of focus: the testicles. Dangling between your legs, the testicles are even more prone to catching an unpleasant smell as sweat can accumulate in the folds of skin or in the space between the penis and the testicles. Wash each of them carefully and make sure the perineum (the small patch of skin between the base of the testicles and the anus) is also clean and free of smell.

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Penis Girth - Does size matter?

The age-old question, "Does size matter?" has been debated for eons. Both men and women alike are interested to know what really gives. Men are obsessed with the size of their penis and many have found ways to make their member larger. That's why the penis enlargement industry is booming offering everything -- from cream, [pills](#), patches, weights, [devices](#), and even surgery. The media and the overly-hyped stories of 'well-endowed' men have undoubtedly contributed to the already convoluted subject of penis size.

Men with larger organs are regarded to be more manly and better in bed. Thus, "Bigger is better" has become a popular adage. Furthermore, this insight seems to emanate from male vanity rather than the pleasure that your penis can provide. A [small penis](#) is equated to diminished masculinity, virility, and at times, also associated to impotency.

But, in fact, most researches have revealed that the average penis size is not the 12" advertised by porn stars. Besides, these porn stars are not representative of the average man. They may very well be more well-endowed than you (this is their luck) or have undergone some enlargement procedure. The average penis size is actually between 5.5 to 6.4 inches in erect length and 4.7 to 5.2 inches in girth.

But countless women have agreed that penis width may indeed matter in the long run. It has to do with stimulating their G-spot which is supposed to be located about two inches inside the upper wall of the vagina.

The nerves that are stimulated during sexual intercourse are located near the entrance of the vagina and the anus. Penis girth is significant here since a meatier penis can stretch out the vaginal or anal walls that stimulate the nerves. This creates friction and sensation that most women love during a sexual experience.

Anyway, preference is still based on the individual woman. Because of the points highlighted above, many women have a penchant for larger dicks. But remember, it's not only a big penis women crave. They seek passion, intimacy and emotional connection. Remember to show her your love by giving her flowers, a sensual massage, or candles with rose petals. Assault her senses with romantic gestures and you'll be well rewarded. If you have a girthy penis, you'll be rewarded even more ?.

Penis size is important but it's also the combination of skill, passion and romance. After all, sex is as much fun as you make it.

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Do Women Prefer a Bigger Penis?

Judging by the rapid growth of the [penis enlargement](#) market, a lot of men are not happy with their current size. I'm not sure whether the problems they face in their sex lives come from penis size, low confidence or some other cause, but it's clear that a bigger penis is one of the ways to achieve success in bed. A bigger penis does matter when asking a lady out and once you've got her in bed any other problems should be forgotten for the moment.

You probably don't need me to tell you about the benefits of having a bigger penis when it comes to sex. It's absolutely fantastic to never have to worry about sex and simply take it whenever and wherever it happens. This is the feeling you get when you no longer have to think what the lady might say when she discovers that you are not particularly well-endowed. This is also the feeling you get when you see a content smile on your lady's face and you know you've done a good thing. A bigger penis may not be exactly the answer to all prayers, but it can be a very good advantage when used correctly.

And let's not forget the psychological benefits of having a bigger penis dangling in your pants. Who's got time to be shy around women when they're ogling that bulging crotch? Nothing comes close to that feeling of confidence (or even swagger) that's plain to see in the face of any man who's absolutely sure of his ability to charm women. Regardless of how many bad experiences one may have had in the past, a bigger penis is bound to make you feel as if you could take on anything and then some. Women like that kind of attitude in a man, as long as it doesn't turn to arrogance.

One of the big questions that men would love to know the final answer to is, naturally: "Do women prefer a bigger penis or not?" The answer varies from woman to woman, but all men should know that many women tend to like bigger penises. Although penis size cannot make up for a lack of skill, it's still better to be larger than average than the other way around. Some women like longer penises, while others prefer a good girth. However, you cannot go wrong with a bigger penis. And if by some really bad luck one lady doesn't appreciate your being bigger, that's no apt to be a problem. You can always move on ;)

A bigger penis brings many important advantages to its owner. It's very important to be able to enjoy sex without having to worry about anything. Sex should be a positive thing in your life, not a constant source of anxiety and depression and there's no need to turn into a recluse just because you are afraid you can't handle a night of passion.

Life is for living, not for hiding in a room, away from the world.

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Right Condom Size for Your Penis

Many men are not very comfortable with buying condoms from pharmacies because they don't like to inform other people about their private activities. Just thinking about going into a pharmacy or drugstore and asking for condoms, possibly even a female vendor, is enough to make them queasy. They are also afraid that some people might prove judgmental and criticize their choice of using condoms or start joking about it in a malicious manner. This is why condoms are sold in Western countries through vending machines that allow buyers to preserve their privacy. Still, this convenience has triggered a new problem of its own.

Men who avoid buying condoms from pharmacies are also unable to get advice on the features of this or that brand of condoms, especially regarding the length and circumference. This is a very important issue, since buying the wrong size means that the condom will either tear or slide off the penis during sex, thus defeating the very purpose for which condoms are bought. Professional advice is very important because most men have no idea what size of condoms fits them best, while other men can't even rely on the standard sizes. A recent study conducted in India has shown that the 60 percent of Indian men find standard size condoms too big for them.

Having a [small penis](#) is very embarrassing when buying condoms. No man wants to be seen purchasing the smallest size available because of the possible negative opinion of those who happen to be in the store at that moment, while the wide range of colors, shapes and flavors available is enough to baffle anybody. And the feeling of embarrassment is not the exclusive property of men with small penises. Men with larger than average penises are also embarrassed when it comes to identifying the exact size that fits them. Although well-endowed men tend to command the respect of others, it's still unpleasant to be stared at.

If you are not sure what condom size fits you, then here's a quick reference guide that will let you identify the right size on the spot. The standard condom sizes used in the Western are small, medium (also known as regular), large and extra large. These sizes translate as follows: small means a length of 6 inches or 15 centimeters and a circumference of 3.9 inches or 9.8 centimeters; medium means a length of 6.5 inches or 16 centimeters and a circumference of 4.1 inches or 10.4 centimeters; large means 7 inches or 17.5 centimeters in length and 4.1 inches or 10.4 centimeters in circumference; extra large is 7.5 to 8 inches or 18.5 to 20 centimeters in length and a circumference of 4.3 inches or 10.8 centimeters at the base and 4.7 inches or 12 centimeters around the glans.

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How does an Erection Work?

Erection is the scientific term for that state of the penis when the two corpora cavernosa (two tubular muscles) are filled with blood. This means that the penis hardens and grows in length to accommodate the extra blood.

Penile erection is usually the result of sexual stimulation, but is also known to occur spontaneously, most commonly at night. The erection is crucial to sexual intercourse and most other sexual activities for males.

From the physiological point of view, erection is caused by an increased flow of blood to the penis and by a strong decrease in the outflow. Muscles around the penis relax in order to allow the blood into the corpora cavernosa and corpus spongiosum, while contraction of other muscles reduces the outflow. As the tubular structures fill with blood, the penis expands in both length and girth. It also stiffens and rises to a certain angle, which varies from one man to another.

The inability to achieve or maintain erection is known as impotence or erectile dysfunction.

Use medications like [Viagra](#), [Levitra](#), and [Cialis](#) to treat erectile dysfunction (impotence).

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